
Training Opportunities for Early Childhood Educators and Parents

a menu of workshops and consultation

The **Jordan Child & Family Enrichment Center**, a five-star childcare program in Raleigh, is a program of Methodist Home for Children. We offer training and consultation for early childhood educators, parents, and all those who live or work with young children from birth through age five. We also consult and provide educational sessions around childcare program management, and offer workshops to support your staff's professional development.

Most of these workshops can be provided as stand-alone topics in 1 1/2 to 3 hour formats. Some topics can be combined or enhanced with make-it-take-it components for longer formats. We can provide a single topic workshop for parents or early childhood staff, a comprehensive day of staff development, or a multi-day conference or retreat.

North Carolina childcare training credit and North Carolina Infant/Toddler Family Specialist credit are available.

Contact Michele Boguslofski, Director of Consultation and Program Development, at 919.215.3950 or mboguslofski@mhfc.com to discuss a customized plan to meet your needs.



Methodist Home for Children has been nurturing children, youth, and families for more than 100 years. Our nonprofit agency serves all children and families regardless of religion, race, or economic status. We provide community-based residential youth homes, foster care, adoption services, substance abuse services, family-based counseling, child care, and child care consultation. MHC is active in communities throughout North Carolina. In service to God, our mission is to build upon the social, physical, emotional, and spiritual strengths of children, youth, and families, and to affirm their worth.

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Training Topics in Child Development and Early Childhood Education

Ages and Stages of Development

Understand the sequence of development in children from birth through age five as a foundation for responding to their behaviors and helping them learn. Discover how progress in one area of development affects other areas and family routines.

Block Play: Building for Science, Math, and Literacy

Learn how young children explore and build early science, math, and literacy skills as they play with blocks. Learn ways to support and document their learning as they play!

Bobby's Brain

The neurobiology of learning! Learn about brain development in young children. Understand how early relationships influence connections in the brain and how to foster children's emotional and social competence. *A 3-part series.*

Building a Solid Self Esteem

Build, nurture, and protect young children's confidence and self-esteem. Learn ways to help children develop healthy, positive self-images that set them up for success in school and life.

Challenging Behavior in Young Children

Explore why young children challenge us with their behavior. Learn to how to read the "message" behind the behavior and respond in ways that teach children a better way. Learn how to respond to toddler meltdowns, temper tantrums, and biting.

Curriculum Webbing

Develop engaging learning activities from children's own interests. Use curriculum webbing to plan integrated, developmentally appropriate learning experiences for young children.

Developmentally Appropriate Practice

The best foundation for early childhood learning is through developmentally appropriate practice. Learn about this model for planning curriculum, classroom schedules, and routines for infants, toddlers and preschool children.

Dramatic Play to Learn Self Regulation

Learn how make-believe play helps toddlers and preschool children learn self-regulation. Learn to recognize stages of play development and ways adults can support this critical component of school readiness in young children.

Early Literacy

Use a variety of classroom and home activities to enhance early literacy skills in young children from infants through age five and build the foundation for becoming strong readers. Tips for choosing and using books with young children.

Flexible, Fearful & Feisty: Temperament Traits in Young Children

What are the nine temperament traits in young children? Learn how to use this information to impact children's activities and learning and to smooth the routines at home and at school.

Guiding Young Children's Behavior

Learn developmentally appropriate classroom management methods to guide, promote and teach positive behavior. Learn how to promote positive social interactions and how to respond when children lose control.

Helping Children Learn Right from Wrong

Learn the stages of moral development in young children. Help young children acquire a healthy sense of right and wrong and support their spiritual and character development.

Herding Minnows: Infants and Toddlers in Groups

Learn developmentally appropriate practices for guided learning experiences for infants, toddlers, and two-year olds. Plan relevant, engaging experiences to support development and learning.

How to Talk To Children / What do Children Hear?

Responsive caregiving is a foundation for relationships that promote good brain development. Learn how care routines and effective communication can guide behavior and teach young children.

ITS-SIDS

Learn about Infant/Toddler Safe Sleep and reduce the risk of Sudden Infant Death Syndrome. This class addresses safe practices for play and sleep at home and in childcare programs.

Keeping Kids Safe

Learn how to make home and classroom environments safe for young children. Practice ways to talk to young children about safety, including accident prevention, fire safety, "stranger danger," and "tummy feelings."

Kindergarten Readiness/ Kindergarten Transition

What kids—and their families—need to know before starting kindergarten. Plus, tips on easing the transition from preschool to "big school."

Learning through Play

Play is the child's work. Understand what children learn from their playtime activities. Create rich learning opportunities throughout the day.

Love You Forever

Tips and techniques for tutoring trust with infants and toddlers. Understand security as the young child's job description.

No! Mine! Helping Kids Get Along

Learn strategies that promote social and emotional competence in young children. Understand tools and techniques to teach emotional literacy, behavioral self-control, conflict resolution, and friendship skills. Turn conflict into opportunities to teach social skills.

Observation-Based Planning

Use teacher observations as a basis for curriculum planning and teaching to enhance development in children, ages birth to five. Learn a variety of methods to record young children's development.

Overview of Child and Adolescent Development

Understand universal principles of child development as they unfold within each child's unique developmental journey. Use them to respond appropriately to children's behavior and to build resiliency.

Preschool Classroom Management

Use routines, schedules, and developmentally appropriate activities to keep kids engaged and learning. Discover tips and techniques to manage transitions with young children.

Positive Discipline

Learn ways that parents and teachers can teach children positive behavior, promote self-control, and respond effectively when children lack self-control.

Sign Language with Young Children

Sign language promotes early communication skills and reduces frustration in infants and toddlers. Learn common signs to use with young children and how to incorporate sign language into their daily routines at home or in the classroom.

Signs and Symptoms of Child Abuse and Neglect

What are the risk factors for child abuse and neglect? What are the signs and symptoms of abuse? Discuss these and North Carolina reporting requirements and procedures for early childhood educators.

Story Time Lasts Until the First Shoe Comes Off

Learn techniques for including children with special needs in toddler and preschool groups. Adapt activities for individual children's abilities and interests.

Tattling? Time to Teach!

Learn how to respond to tattling in ways that teach assertiveness and conflict resolution skills to children. Understand the motivations behind tattling and learn brain-based techniques to turn these moments into learning opportunities.

Teach Me! Ways to Help Young Children Learn

Understand how children's brains learn. Discover how temperament, emotions, multiple intelligences, and engagement are keys to boosting learning and memory in young children.

What's in a Word?

Strong vocabularies prepare children to be good readers and successful students. Learn ways to build young children's vocabularies to support emergent literacy, early concept development, and thinking skills.

Which? What? Why? Questions that Help Kids Learn

Use questions to extend young children's attention and to support critical thinking, memory, and concept development. We use fun activities to practice question-asking that helps kids learn.

“My staff and I learned more than we ever could have imagined. The program was well planned, fun and, most importantly, very informative. We will be signing up for more classes in the very near future!”

ANNA BEASLEY
DIRECTOR, BUSY BEE LEARNING CENTER
ANGIER, NORTH CAROLINA

Training Topics and Consultation in Program Management and Staff Professional Development

Adult and Professional Development

Understand the stages of adult development, specifically those of professionals and teachers. Complete a self assessment of multiple intelligences and learn about its application to working both with adults and young children.

Bringing New Staff on Board

Design orientation and training for new employees that effectively communicates the vision and philosophy of your program and the employee job expectations. Discover ways to assist new staff in understanding their job through initial and on-going orientation activities, and building relationships with co-workers and supervisors.

Directors as Gatekeepers of Quality

What is your vision for your early childhood program? What is your philosophy around caring for and educating children? We'll help you develop daily practices, policies and procedures that support your vision, and enable you to function as an effective manager. These include dynamic interviewing and hiring, comprehensive new staff orientation and training, effective professional supervision and staff development, and engaging staff meetings.

Dynamic Staff Meetings for Early Childhood Staff

Learn techniques and activities for leading staff meetings that impact both results and relationships. Provide staff development that enhances care and teaching practices with young children, facilitates strong teacher/parent relationships, and builds a stronger team among your staff.

Mentors in Early Childhood

Prepare yourself to become a mentor to teachers of young children. This series of workshops can help you explore the role of a mentor, understand the dynamics of a mentoring relationship, and embark on a new journey to share your experience and wisdom. This course can help you find new energy, insight, and support to be a mentor to other early childhood educators.

Model Work Standards for Early Childhood Programs

Use the Model Work Standards to evaluate the quality of the work environment that enables adults to sustain quality learning environments for young children. This offering includes training and follow-up consultation.

Professionalism in the Workplace

Examine various aspects of professionalism in the childcare program workplace, including appropriate dress, punctuality, dependability, professional communication, and interactions with others.

Program Administration Scale

Consultation and training for directors of early childhood programs using the Program Administration Scale to evaluate management and administrative practices and design a customized plan to enhance the operation of your program.

Psycho-Geometrics

Are you a circle or a triangle? This fun workshop will help you identify and understand your own communication and decision making styles and those of your co-workers. You will gain respect for others, and learn some shorthand to express your needs and wishes. This workshop is a great team-builder for staff groups.

Quality Early Childhood Environments

This workshop is an introduction to indicators of quality in early childhood programs that promote good outcomes for children and create good customer relations with parents. Participate in an overview of the Infant-Toddler Environment Rating Scale-Revised (ITERS-R) or the Early Childhood Environment Rating Scale-Revised (ECERS-R) and learn how to use these tools to measure quality in your classroom.

Teambuilding for Your Staff

Let us create a workshop specifically for your team to enhance their communication with and appreciation of one another. Activities to understand others' perspectives, build bridges, and strengthen partnerships will enhance the results of their work together.