

every minute counts







2025-2026

Annual Report | Research & Review

You don't have to see the whole staircase,
just take the first step.

MARTIN LUTHER KING, JR.

When Landon came to us, he was a baby-faced 10-year-old — one of the youngest children ever admitted to a crisis & assessment center.



He was in serious trouble, and the juvenile justice system had no appropriate place for a child his age. We were his only option.

That was four years ago.

By the time he left in July, Landon had lived in three crisis & assessment centers and a group home. We celebrated four birthdays with him. We wrapped around him for four Christmases. We watched his preteen interests in music and basketball mature into anime videos and cooking.

We raised him in settings that were not homes. We stood in as his family – and we did everything we could to nurture his childhood and to prepare him for the day he'd leave us.

We find a way. We go deeper.

We were entrusted with Landon because we care for kids like no one else does. We say yes – even when they've been denied by other agencies. We serve – even when their needs fall outside the normal scope of our care.

Across the board, the level of need we encountered this year was deeper and more complex. For the first time in recent years we served fewer people – but we provided more days of care.

We went deeper, not wider.

What's next

No more kids on the floor. As long as children continue to sleep on the floors of social services offices, we will prioritize foster care. A new recruiter position will lead that work in licensing and retaining homes.

A step into independence. Teens aging out of the juvenile justice system face a high risk of failure without intervention. We are working to expand their employment and housing options so they don't face adulthood alone.

In every program, from independent living to early childhood services, we stand with youth and families on their toughest days. We embrace them. We equip them. We go deep when others go away.

Your support is what allows us to keep saying yes. *Every minute counts.*

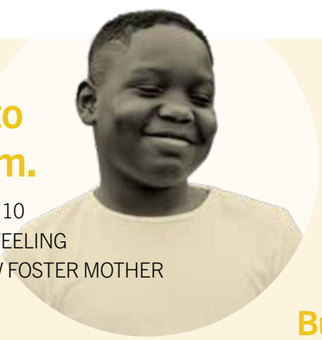
Rev. Ben Williams, President / CEO

MHC is accredited or has membership with these organizations

LISTEN TO THE VOICES OF MHC

She's going to be my mom.

– DAMIEN, AGE 10
HAVING A GOOD FEELING
ABOUT HIS NEW FOSTER MOTHER





It is better to have soared and fallen, than never to have tried.

– KRIS, AGE 18
CITING ICARUS IN HIS
GRADUATION SPEECH

I've learned a lot of lessons But I look at those as blessings.

– HARMONIE, AGE 16
IN A POEM ▼



That dinosaur would have a verrrrry long dentist appointment!

– ANTONIO, AGE 9, AT THE SCIENCE MUSEUM



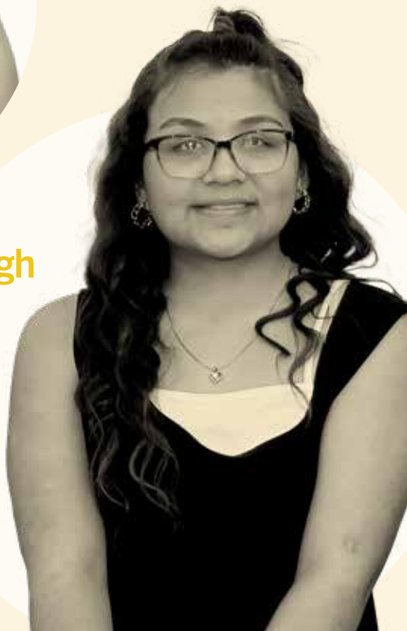
When is lunch?

– CARSON, AGE 3
EVERYDAY



If you got through this, you can get through anything.

– MILA, AGE 11
IN A NOTE TO HERSELF,
EXCITED TO REUNIFY
WITH HER MOM



$503k

raised on our Pay It Forward day of giving

days of care

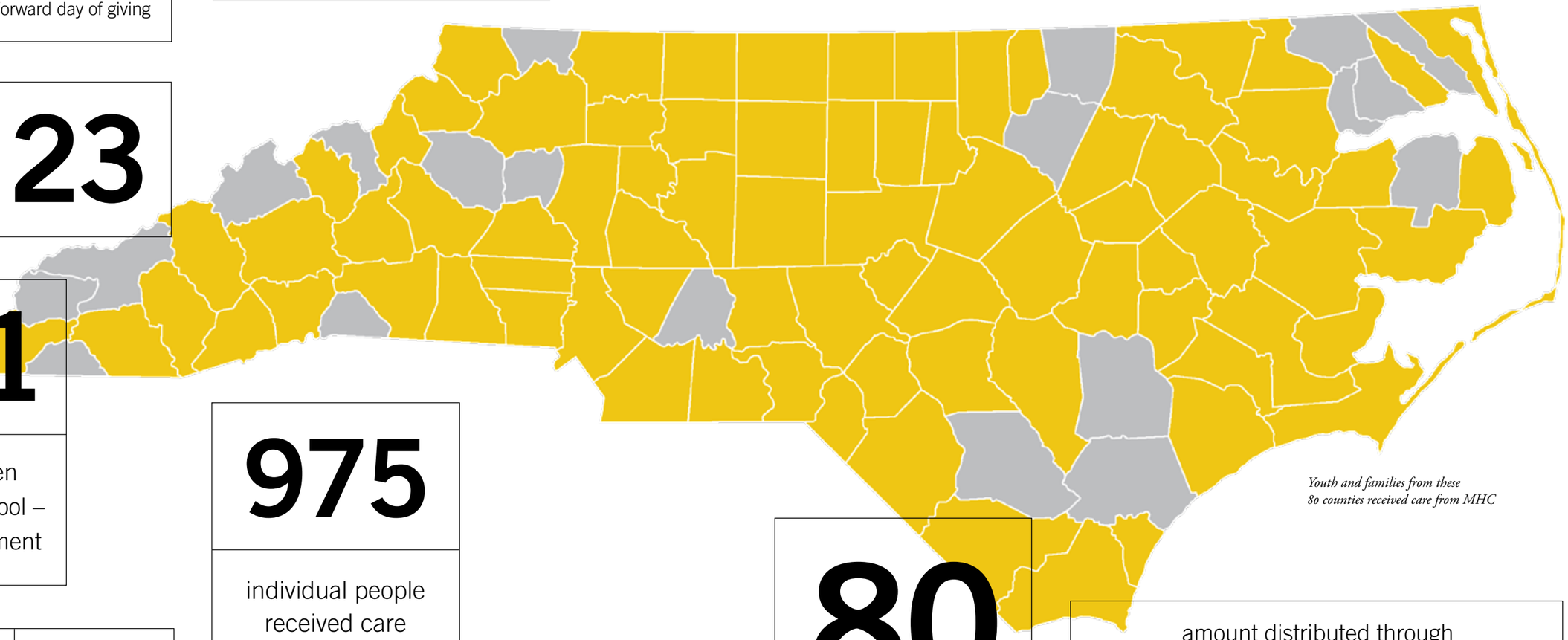
140,473

the mission

In service to God, our mission is to build upon the social, physical, emotional, and spiritual strengths of children, youth, and families, and to affirm their worth.

number of unique MHC services

23



Youth and families from these 80 counties received care from MHC

261

young children came to preschool – a record enrollment

975

individual people received care

80

North Carolina counties have residents in our care

amount distributed through Hackley Education & Learning Program

$139,117

number of statewide services provided exclusively by MHC

6

age of youngest child in foster care, in weeks

2

OUR PROGRAMS AND SERVICES

foster care | adoption

(Traditional) Family Foster Care
Children who come into a traditional (or family) foster home need basic care until a permanent plan is ready. Most children in this program are 5 years or older and are part of a sibling group. (6-12 months)

Therapeutic Foster Care
While every child in foster care has special needs, those in therapeutic care have a specific and chronic mental health diagnosis that requires intensive, ongoing intervention. Foster families serving these children receive extensive and specialized training. (6-9 months)

Kinship Care
Sometimes the best care for a child can be provided by a family member – for example, an aunt or grandparent – or close family friend. This is kinship care. (ongoing)

Respite Care
This is care provided by one foster family to another family's foster children. Respite care is short – typically for a weekend – and it gives everyone, the foster children as well as their host family, time to rest and regroup.

Juvenile Justice Foster Care
These homes provide a family setting and services for runaways, gang-affiliated teens, or other court-involved youth. (90 days)

Adoption
Our foster to adopt program works with families wanting to adopt foster children who are unable to reunite with their biological families. (permanence)

early childhood services

Our two childcare centers provide high-quality education and all-day care for children age 6 weeks up to 6 years old. Blended classrooms bring together children with typical development, special needs, and diverse family backgrounds. (up to 6 years)

specialized services

Our specialized services, known as FACT, help young people who are dually diagnosed with mental illness (or severe emotional disorders) and underlying developmental disabilities such as autism or intellectual disabilities. Our services are delivered in the following two ways:

Day Treatment
Children between the ages of 8 and 18 who need help learning to manage their behaviors benefit from this weekday program. An on-site school provides skill-appropriate curricula. (ongoing)

Group Homes
This home is for youth who need out-of-home care but who do not meet the criteria for inpatient psychiatric services. It is a highly structured program where youth learn to live as productively and independently as possible. (6-9 months)

family reunification services

Children do best with their families, and we believe they deserve a chance to find their way back to each other when a child has been removed from home. We work to help parents overcome problems, adjust expectations, and ease tensions – and we help to rebuild trust in the family – to ensure a safe home and successful transition. (6-20 weeks)

in-home services

Family Preservation Intensive Intervention
Kids make mistakes, but not every mistake deserves incarceration. By teaching these youth to respect authority and control impulses while encouraging them to finish school and find jobs, we can strengthen the community and save lives otherwise lost to incarceration or dependency. (6 months)

Family Preservation
Strong families can save children who are on a path leading to incarceration. Yet parents are often at a loss – not knowing what to say or do. We work with these families to end unproductive patterns of interaction and build skills that will keep the family together. (5 months)

Transition and Reentry
Going home can be difficult for teens who have been living in a youth development center (or another residential court placement). Our staff helps ease the tensions of transitioning back into the home and community. (up to 6 months)

Vocational Training
Having a job can be a game-changer – providing purpose, skills, and hope for the future. This partnership program matches court-involved teens with jobs within the community. (4-6 months)

pathways to remediation

An in-home program for children and youth facing their first court appearance, Pathways prepares them to participate and advocate for themselves – and potentially improve their outcomes. We meet one-on-one with each youth, working through 10 modules that teach what it means to have a court appearance and what to expect. (3-5 months)

crisis & assessment centers

These residential centers serve juvenile court-involved youth between the ages of 10 and 17 and offer three levels of care: crisis, assessment, and secure. For youth in assessment care, the primary goal is to complete a comprehensive juvenile assessment that will match the youth to the most appropriate diversion services in their community. The assessment process takes place under the supervision of a licensed psychologist and licensed clinical case managers. (14-30 days)

multipurpose group homes

Our co-ed group homes serve boys and girls whose repeat offenses are leading them toward more serious involvement in the juvenile justice or adult corrections system. We teach social skills to address the factors which led to their criminogenic behavior and make it possible for them to replace negative habits, catch up in school, and set positive goals for themselves. For youth completing the program, we also offer aftercare services. (MPH: up to 8 months) (Aftercare: 6 months)

transitional living

Older teens (age 16-20) who are on probation but cannot safely return to their homes live here. While part of the home, the youth work to finish high school or earn their GED, identify career goals, get jobs, volunteer in the community, complete driver's education, and learn to budget, cook, and manage bills. Aftercare services are also offered. (TL: up to 12 months) (Aftercare: 6 months)

independent living

A step-down program offers a layer of guidance to young adults striving to be completely independent. Available to young men leaving a youth development center or other residential setting, independent living provides housing, support, and supervision. All participants are required to work and attend trade school or college and maintain good standing in the community. (up to 1 year)

higher education

We support the higher education goals of anyone in our care, and our investment in mentoring and financial assistance gives students the chance to achieve their dreams. For some, that's a trade certificate and a quick entry into the workforce. For others, it's an associate, bachelor's, or master's degree. (ongoing)



89 youth served

our focus: the right families and the right fit

Every child deserves a safe and permanent home. That's why we exist. But North Carolina's foster home shortage remains a challenge – and our focus on children with the greatest needs calls for families with a special readiness to serve.

So we made a bold choice this year.

Part one: We got smaller to get better. We phased out homes unwilling to serve children with mental health and behavioral needs. And we had up-front, candid conversations with potential foster families about our expectations. We hosted more information sessions compared to last year, and fewer families chose to train with us – but we are mission aligned now.

Part two: We restructured. We reorganized staff and freed up a full-time position to hire a recruiter. In the coming year, this new person will be charged with finding not just more families, but the right families.

3-YEAR ANALYSIS	FY24	FY25	FY26
individual children served	80	87	89
total services provided	100	100	105

outcomes

- 89 individual children received care, average age: 9
  - 17 sibling groups, 36 siblings
- 46 foster homes

program overview | services

- 105 services
  - 60 received family (traditional) foster care
  - 16 received therapeutic care
  - 13 received court-referred care (NC Department of Public Safety)
  - 11 received respite care
  - 5 received kinship therapeutic care
  - 9 adopted (after being in foster care)

Service total is greater than 89 because some children received multiple services

- average number of children served per month: 46
- youngest child in care: 2 weeks old
- oldest teen in care: 19 years old
- average length of stay: 7.6 months

program overview | families

- 5 new licensed foster homes

Recruitment

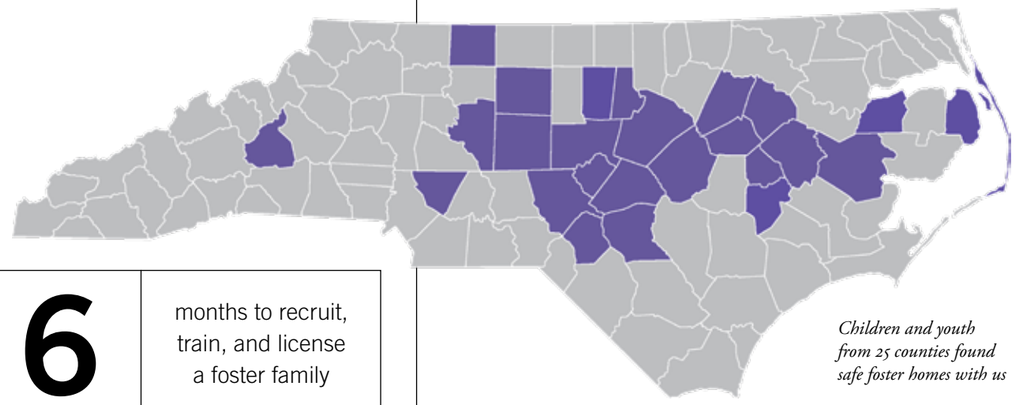
- 4 events
- 18 online information sessions
  - 42 families participated
    - 15 families began training to become foster parents

Training

- 4 training periods (6 weeks each)
- MHC-developed curriculum (55 hours of instruction)
- 10 families completed MHC training
  - 5 families became licensed

Development

- 15 in-service programs offered year-round
- 21 foster parents Lighthouse certified (total)
  - 6 certified / recertified in FY 26



Children and youth from 25 counties found safe foster homes with us

6 months to recruit, train, and license a foster family



all are welcome in our classrooms

For a young child, the benefits of high-quality early childhood education last a lifetime – including a greater likelihood of elementary school success, high school graduation, college attendance, and job readiness.

Our program builds a strong foundation for every student. Year after year, 100 percent of our rising kindergarteners meet standardized readiness goals, leaving our program equipped and ready to learn.

This year, we continued to deepen the missional focus of our early childhood program – serving children of diverse backgrounds and abilities in blended classrooms and wrapping around families in need. We grew annual enrollment nearly 11% and served more children with financial support.

Looking ahead, as state accreditation standards are weakened, we are pursuing accreditation by the National Association for the Education of Young Children. We will continue to set the highest bar for ourselves – and for the children we serve.

outcomes

- 261 children served
- 26% considered at risk due to low income or disability
- 27% receive financial support
  - 52% scholarship
  - 44% subsidy
  - 2% both scholarship and subsidy
- 30% receive therapeutic support while in care (speech, occupational, physical therapy, and early childhood mental health specialist)
  - 71% as a result of early detection by MHC
- 7% have received an Individualized Education Plan (IEP) or an Individualized Family Service Plan (IFSP)
  - 42% as a result of early detection by MHC
- 100% of rising kindergartners achieved readiness goals (standardized assessment)

program overview | centers

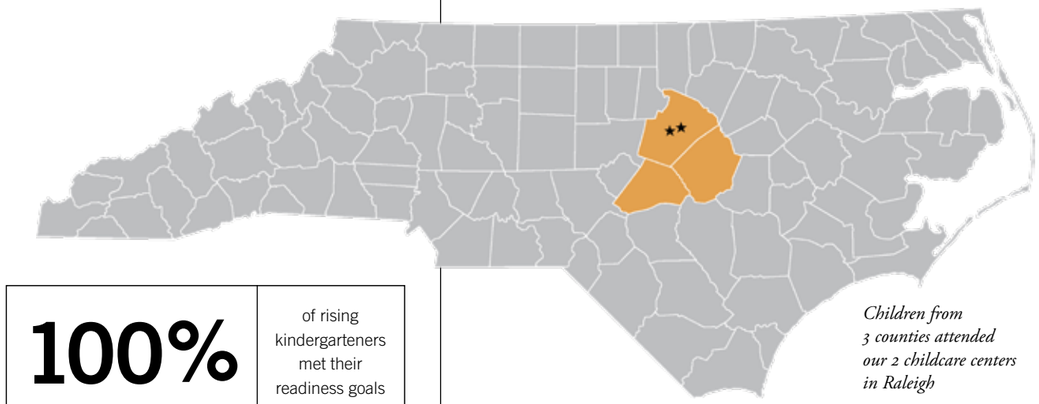
- 19 classroom capacity
  - 19 classrooms open (as of June 30, 2025)
- 19 lead teachers
  - 88% have an associate degree or higher in early childhood education or a related field
- 245 student capacity
  - 261 students enrolled (during fiscal year)

MHC fiscal year spans portions of two school years

program overview | instruction

- evidence-based Conscious Discipline model
- research-based curriculum
- 5-star license from NC Division of Child Development and Early Education (DCDEE)
- classrooms are open year round
- quality of life support for families (i.e., community resources for housing, utilities, food, clothing, parenting trainings, parent counselor services, referrals for services, early interventions, and Wake County school registration)

3-YEAR ANALYSIS	FY24	FY25	FY26
individual children served	225	236	261
▸ received financial aid	27%	25%	27%
▸ received therapeutic aid	14%	28%	30%



Children from 3 counties attended our 2 childcare centers in Raleigh

100% of rising kindergarteners met their readiness goals



14 youth served

we prepare and practice for success

Specialized Services is a broad title for a specific mission: We stabilize and equip youth with dual diagnoses (a developmental disorder and a mental health concern) so they can return to home and school. With two group homes and day treatment, **MHC is the only provider of this service combination in North Carolina.**

Consistent with recent years, youth arrived with ever more complex needs and behaviors. Still, the year produced highlights. We saw a shift toward curiosity and love of learning. Youth were drawn to science and hands-on projects, winning our education fair for the third year in a row.

They also used their skills successfully in new settings. Every minute is a teaching opportunity in our homes and day treatment, but to master self-regulation, our youth needed to practice in unfamiliar places. So we took them out: to an aquarium, museums, restaurants, libraries, bowling alleys, church.

Time and again, they rose to the challenge.

3-YEAR ANALYSIS	FY24	FY25	FY26
individuals served	15	18	14
total services provided	24	29	26

100% of discharged youth successfully met their goals

outcomes

- 14 youth received care
  - 100% categorized with complex needs
  - average age: 11

Day Treatment

- all 14 youth in our care
  - 9 currently progressing in the program
  - 5 completed the program, all went to a lower level of care
- average length of stay: 18 months

Group Homes

- 11 of the youth in our care
  - 5 currently progressing in the program
  - 6 completed the program, all went to a lower level of care
- average length of stay: 13 months

Comprehensive Clinical Assessment (CCA)

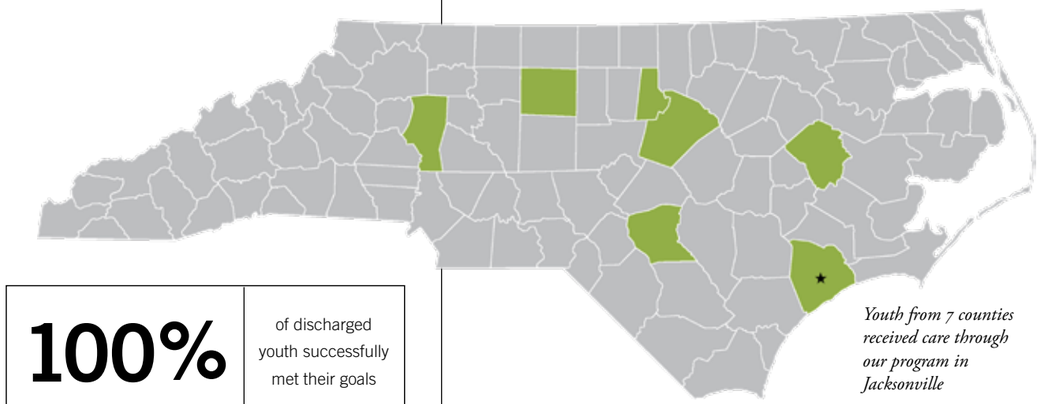
- 14 youth assessed
- CCA determines needs and informs placement decisions

most common mental health diagnoses

- attention deficit hyperactivity disorder
- autism spectrum disorder
- disruptive mood dysregulation
- anxiety
- post-traumatic stress disorder

experience

- 24/7 care (applies to youth who reside in our group homes)
- intensive therapies which may include individual and group psychotherapy, psycho-educational groups, psycho-social groups, life skills, synergy therapy, and parent counseling
- phased return to the community with local support services in place



Youth from 7 counties received care through our program in Jacksonville



our mission: we help families find their way back

Parents who lose their children to foster care haven't stopped loving them. Most are overwhelmed by something they can't manage alone – like addiction, or untreated illness, or the loss of job or housing.

We believe children do best with their families, and they deserve a chance to find their way back to each other.

Our reunification interventions are intensive, with short timelines. For 6-20 weeks, we go into their homes and work alongside them to build parenting skills, restore trust, and address the issues that led to their children's removal.

But this work doesn't happen in isolation. We coordinate with a wider circle of partners in each case – from guardians ad litem and social workers to attorneys, foster parents, therapists, and other treatment providers.

The goal is a stronger family, equipped with skills and resources not just to reunify – but to stay together.

3-YEAR ANALYSIS	FY24	FY25	FY26
families served	22	14	14
total family members served	73	45	57

6.5 average age of child in our care

outcomes

- 23 adults and their families (57 people) received care
  - ages of children in care: 0-16
- 151 average days in care
  - first consultation within 48 hours of referral
  - up to 5 hours per week
- all services are in partnership with New Hanover County Department of Social Services

program overview

Family Goals

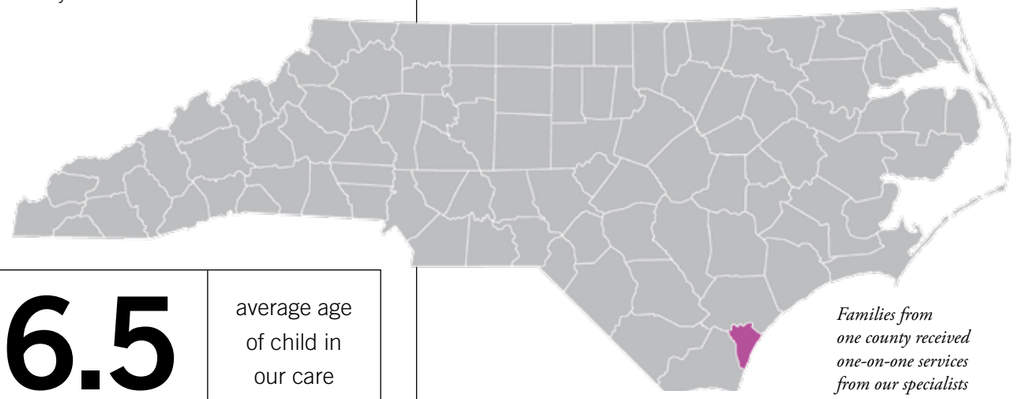
- improve communication
- rebuild trust
- resolve conflicts
- address trauma
- strengthen parent-child bond
- support long-term stability

Our Services

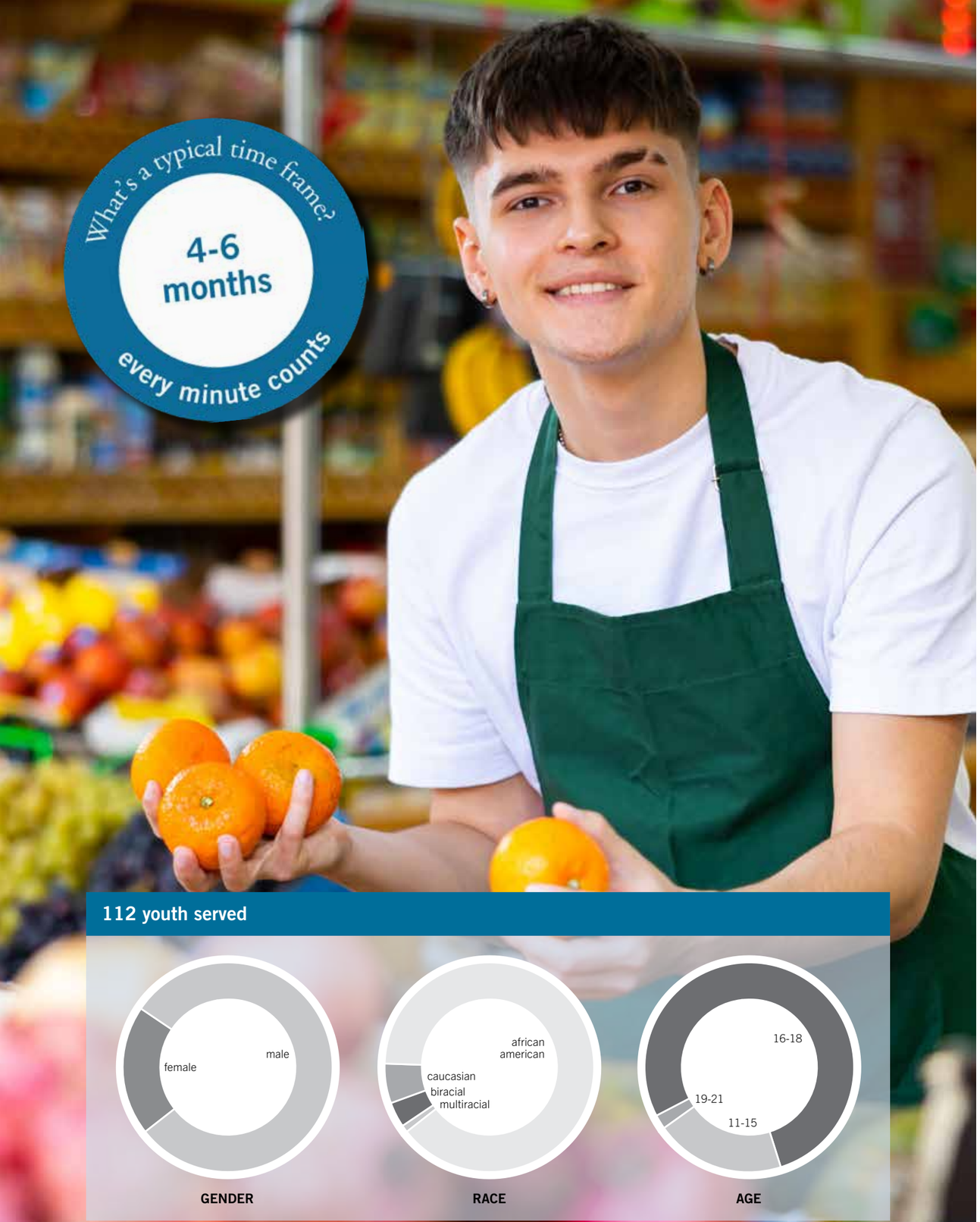
- individual, group, and family counseling
- mental health services
- assistance addressing domestic violence
- assistance to secure temporary child care and therapeutic services
- transportation to services and activities

Model of Care

- Families First, a Teaching Family Association-certified program, allows families to move through 6 phases of skill building – at a monitored pace that works best for them – to build healthy independence and ability to set and meet goals.



Families from one county received one-on-one services from our specialists



112 youth served

stabilizing family is part of the job

There is no one-size-fits-all approach to helping youth in trouble. Our in-home staff work with families in high-poverty rural areas – preventing court-involved youth from sinking deeper into the juvenile justice system or supporting their return home from a youth development center or group home.

We help these teens connect with jobs and resources. But lasting success can't happen without also stabilizing their families. This year, we saw significantly higher need in families that faced housing and food instability, along with limited access to transportation, mental health care, and other essential supports.

Our greatest impact comes from consistent presence, advocacy, and individualized support during a family's most difficult days. This year, the youth we served graduated high school (one boy did so while homeless), got jobs, earned driver's licenses, and enrolled in educational and vocational programs – while their families worked to build stronger, safer homes.

3-YEAR ANALYSIS	FY24	FY25	FY26
individual youth served	97	110	112
▸ successfully completed	75%	89%	87%

outcomes

- 112 individual youth received care
  - 79 discharged
    - 87% successfully completed the program
    - average age: 16
- all services are in partnership with the NC Department of Public safety

Family Preservation Intensive Intervention

- 67% showed improvement in their home environment
- 83% completed services successfully or satisfactorily
- 83% had no new adjudications after admission

Family Preservation

- funded through local juvenile crime prevention councils
  - 94% showed improvement in their home environment
  - 88% completed services successfully or satisfactorily
  - 88% had no new adjudications after admission

Transition and Re-entry

- funded through local juvenile crime prevention councils
  - 90% showed improvement in their home environment
  - 85% completed services successfully or satisfactorily
  - 88% had no new adjudications after admission

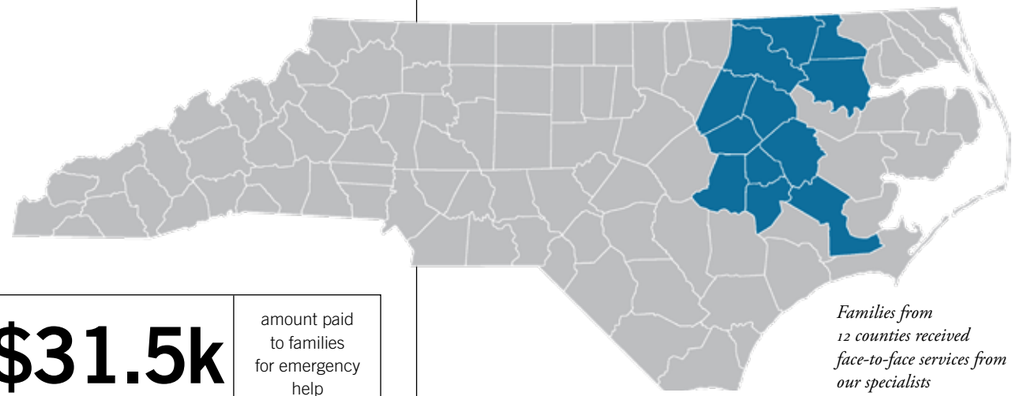
Vocational Education

- funded through local juvenile crime prevention councils
  - 100% increased readiness to enter the workforce
  - 92% completed services successfully or satisfactorily
  - 75% had no new adjudications after admission

Source: NC Department of Public Safety

program overview

- youth in our vocational education program held MHC-sponsored jobs at a barber shop, food pantry, Boys and Girls Club of America, teen court, and the YMCA. This allows them to gain the skills they need to become successful young adults.



Families from 12 counties received face-to-face services from our specialists

$31.5k amount paid to families for emergency help



12 youth served

we prepare youth for their day in court

Court is unsettling for adults. For children and teens, it can be terrifying. Pathways is a new program that helps court-involved youth ages 8-17 get ready for their first time in front of a judge – not just logistically, but mentally and emotionally – so they can participate and potentially improve the outcome of their case. **MHC is the only provider of this juvenile justice service in North Carolina.**

Our specialists worked one-on-one with each young person, guiding them through 10 learning modules. They met once or twice a week in homes, in hospitals, in youth development centers, in detention – and, in the case of one homeless teen, anywhere he could focus and be comfortable.

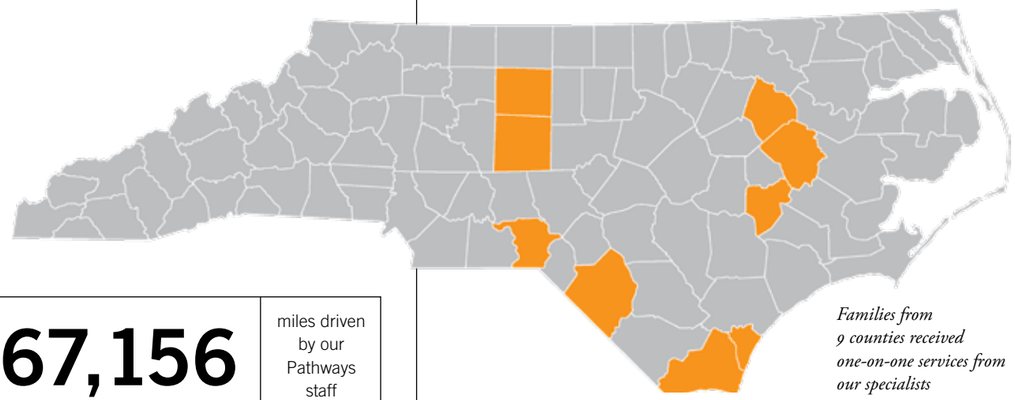
In the coming year, we'll work to build program awareness among judges, attorneys, court counselors, and other stakeholders who encounter youth who may be too young to grasp the complaints they're facing or don't fully understand the consequences ahead.

outcomes
- 12 served
  - average age:14
  - youngest served: 12
- 9 discharged successfully
- 3 in progress
- 3.3 months average to complete case
- 120 total modules taught
  - 23 modules repeated for fuller understanding
- all services in partnership with NC Department of Public Safety

program overview
- program delivered in 10 modules
- designed for ages 8-17
- 1-2 sessions per week

module topics
- getting comfortable with remediation
- my attorney, the prosecutor, and the judge
- the juvenile justice system
- what am I charged with?
- my side of the story (part 1)
- my side of the story (part 2)
- working with attorney to tell my story
- how do I defend myself?
- testifying
- how do I act in court?

youth goals
- understand what court appearance means
- learn what to expect
- accept how it could affect their life
- reduce fear and anxiety
- gain support of family



Families from 9 counties received one-on-one services from our specialists

67,156 miles driven by our Pathways staff



249 youth served

GENDER

RACE

AGE

youth are in crisis; we find out why

When a young person is in crisis, every moment matters. Our crisis & assessment centers provide urgent care for youth ages 10-17 who need a safe, stable place to land – and a deeper understanding of the causes behind dangerous or self-destructive behaviors.

We offer three distinct levels of care: crisis, assessment, and secure. **MHC is the only provider of this service in North Carolina.**

This year, youth in assessment care showed a significant improvement in distress levels by the time they left – continued proof that our model of care works, even on a timeline measured weeks, not months.

Alongside this progress, we spent more time educating parents about their children's needs and what to expect once they leave, helping families take the necessary next steps.

We continue to deliver exceptional services – at a significant cost savings – to the state.

cost per youth

crisis & assessment center	$21,741
youth development center	$132,505

3-YEAR ANALYSIS	FY24	FY25	FY26
individual youth served	263	251	249
total services provided	325	315	329

47% decrease in average distress levels

outcomes

- 249 individual youth received care
  - average age: 14.5
- all services in partnership with NC Department of Public Safety

Crisis

- 146 crisis youth (average length of stay: 12 days)

Assessment

- 125 assessment youth (average length of stay: 36 days)
  - 115 were discharged
    - 90% completed the program with full assessment reports
    - 10% discharged early for higher level of care, safety concerns, or probation termination
    - Top 3 recommendations
      - mental health group home
      - multisystemic therapy
      - psychiatric residential treatment facility

distress levels

average distress levels of our youth dropped significantly while in care



Measured by Youth Outcome Questionnaire® Self-Report 2.0

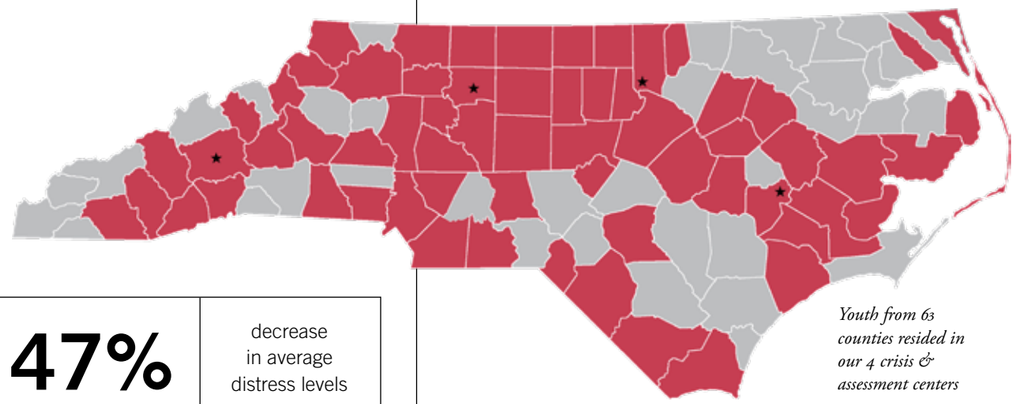
Secure

- 58 secure youth (average length of stay: 26 days)

Total is greater than 249 because some youth received multiple services

experience

- 24/7 monitored care
- highly structured, daily programming in a safe, predictable setting
- qualified teacher provides classroom instruction



Youth from 63 counties resided in our 4 crisis & assessment centers



102 youth served

multipurpose group homes

we equip youth for a new direction

For youth whose repeat offenses are putting them at risk of deeper involvement in the justice system, multipurpose homes offer a diversion from youth development centers – and a new trajectory for their lives. **MHC is the only provider of this juvenile justice service in North Carolina.**

Our youth this year showed significant gains in goal setting, decision making, and school and community involvement. Family participation also remained strong, with 87% of parents attending monthly meetings to prepare for their child's return home.

By the time they left us, youth reported sharply lower levels of distress – and their academic scores rose by half a grade level. Other skills mastered were accepting feedback (87%) and asking permission (80%).

This program delivers exceptional services – at significant cost savings – to the state.

cost per youth

multipurpose group home	$40,601
youth development center	$132,505

3-YEAR ANALYSIS	FY24	FY25	FY26
individual youth served	98	105	102
▸ successfully completed	87%	79%	83%
total services provided	115	121	122

$91.9k amount we save the state; per youth, per year

outcomes & overview

- 102 individual youth received care
  - average age: 15
- all services in partnership with NC Department of Public Safety

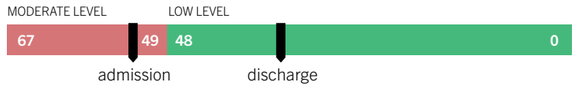
Multipurpose Services

- 99 youth received multipurpose services
  - 71 youth were discharged
    - 83% successfully completed the program
- average length of stay: 4.4 months
- recidivism shows program effectiveness*
  - 84% no juvenile complaint after 6 months
  - 80% no juvenile complaint after 12 months

**Source: NC Department of Public Safety*

distress levels

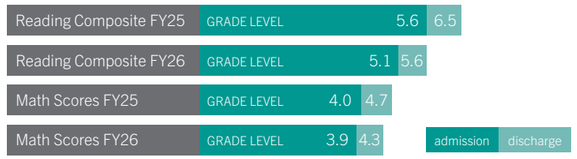
average distress levels of our youth dropped significantly while in care



Measured by Youth Outcome Questionnaire® Self-Report 2.0

education

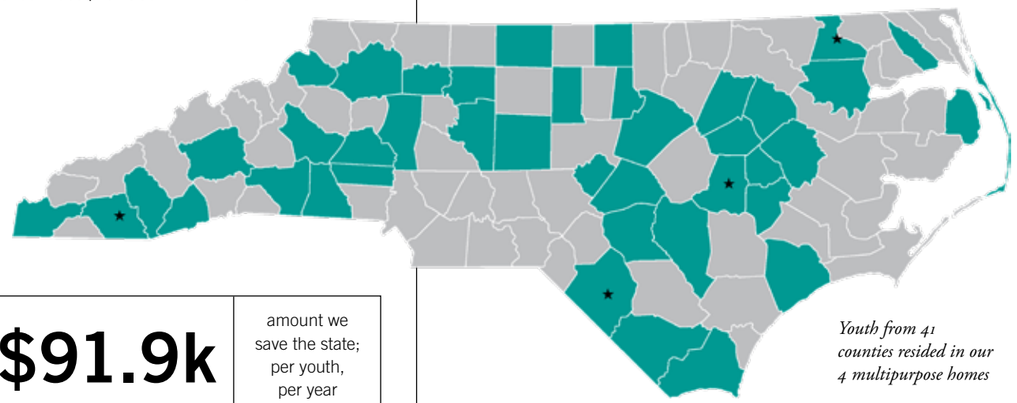
youth arrived 2 or 3 years below grade level but made measurable gains



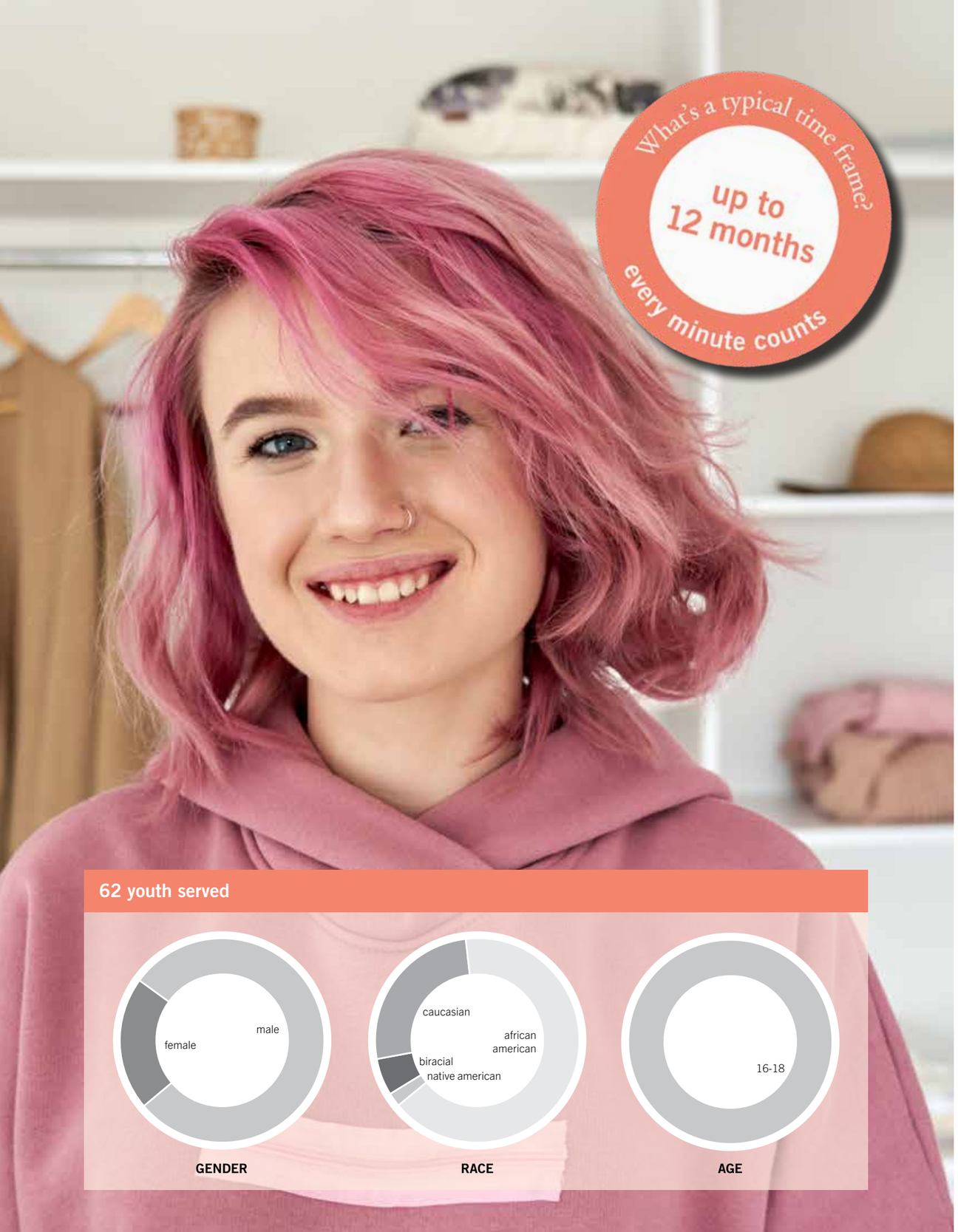
Aftercare Services

- 23 youth received aftercare services (voluntary)
- average length of stay: 4 months

Total is greater than 102 because some youth received multiple services



Youth from 41 counties resided in our 4 multipurpose homes



62 youth served

transitional living

teens earn degrees, jobs, and futures

For teens on probation who can't safely return home from a youth development center or other residential setting, transitional living homes offer preparation for adult life – and significantly lower rates of recidivism. **MHC is the only provider of this juvenile justice service in North Carolina.**

Our youth this year worked toward high school diplomas and higher education, got jobs, and saved money. They showed significant growth in accepting authority and engaging in volunteer work, church, and recreation.

The need for our services remains high, with youth on waiting lists across the state. To build capacity, we converted our multipurpose home in Chowan County into a fourth transitional living site this year.

This program provides exceptional services – with a significant cost savings – to the state.

cost per youth

transitional living	$37,431
youth development center	$132,505

3-YEAR ANALYSIS	FY24	FY25	FY26
individual youth served	60	58	62
▸ successfully completed	77%	77%	83%
total services provided	72	62	74

$95.1k amount we save the state; per youth, per year

outcomes

- 62 individual youth received care
  - average age: 17
- services in partnership with the NC Department of Public Safety

Transitional Living Services

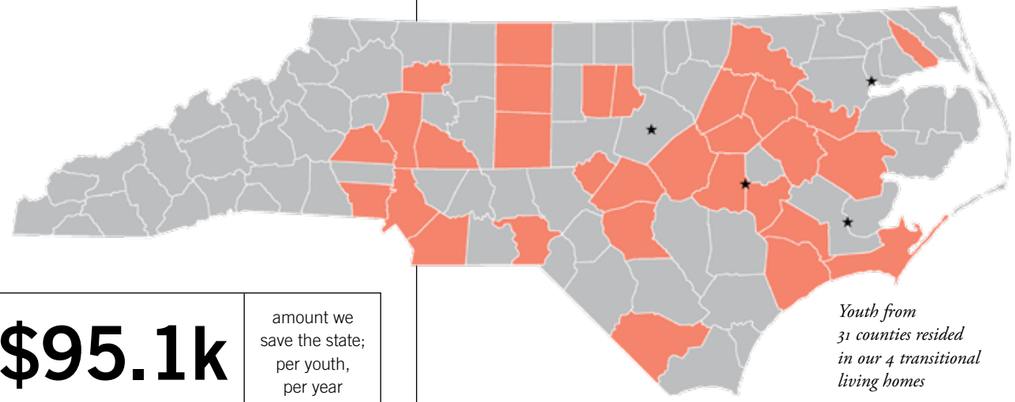
- 62 youth received transitional living services
  - 40 youth were discharged
    - 83% successfully completed the program
  - average length of stay: 4.4 months
- 100% of eligible youth enrolled in school
- 93% of eligible youth earned high school diploma or equivalent (see page 25 to read about higher education achievements)
- 88% of eligible youth were employed
- 100% of eligible youth volunteered in the community
- recidivism shows program effectiveness*
  - 83% no adjudications or convictions after 6 months
  - 73% no adjudications or convictions after 12 months

**Source: NC Department of Public Safety*

Aftercare Services

- 10 youth received aftercare services (voluntary)
- average length of stay: 2.9 months

Total is greater than 62 because some youth received multiple services



Youth from 31 counties resided in our 4 transitional living homes



4 youth served

independent living

with a place to call home, they start a new life

Youth learn and practice skills for independence in our other programs. At the Triplex, they actually live them.

Our independent living program serves older youth as they step down from a youth development center or other residential setting. **Methodist Home for Children is the only provider of this juvenile justice service in North Carolina.**

This year – its second in full operation – the Triplex gave four young men a place to call home and a bridge to independence. They got jobs and pursued vocational certifications. They budgeted, saved, and paid their phone bills. They shopped and cooked for themselves. And they planned their next steps.

The Triplex is a unique partnership with state and federal juvenile justice agencies and Craven Community College. It's a small program with big potential for growth and impact on youth who are otherwise at high risk of reoffending.

outcomes

- 4 individual youth received care
  - average age: 19
  - 2 stepped down from a youth development center through a transitional living home
  - 1 stepped down from a youth development center through a foster home
  - 1 lived in a multipurpose home
- 100% attended Craven Community College and the VOLT Center
- 67% of eligible youth were employed
  - 2 of 3 eligible for employment worked 2 jobs at once
- services in partnership with the US Office of Juvenile Justice and Delinquency Prevention, the NC Department of Public Safety, and Craven Community College

why it matters

- 62% of youth reoffend within 2 years of youth development center discharge without support services

Source: NC Sentencing and Policy Advisory Commission

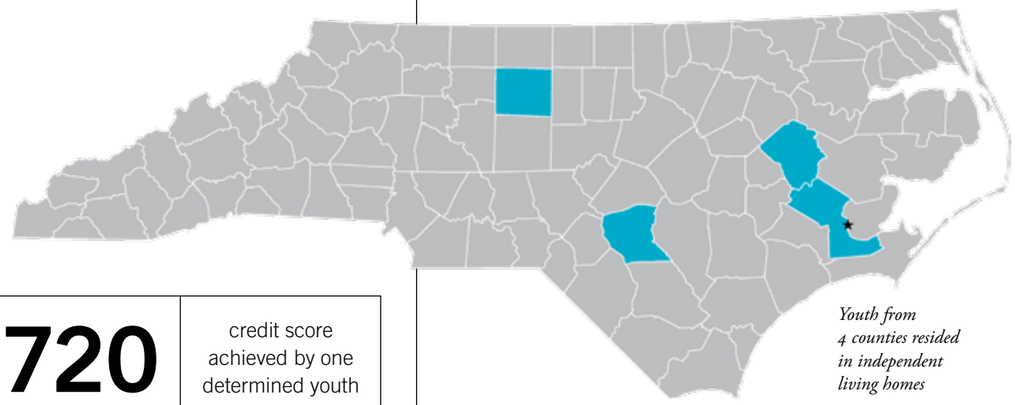
program priorities

- vocational education
- employment
- social growth

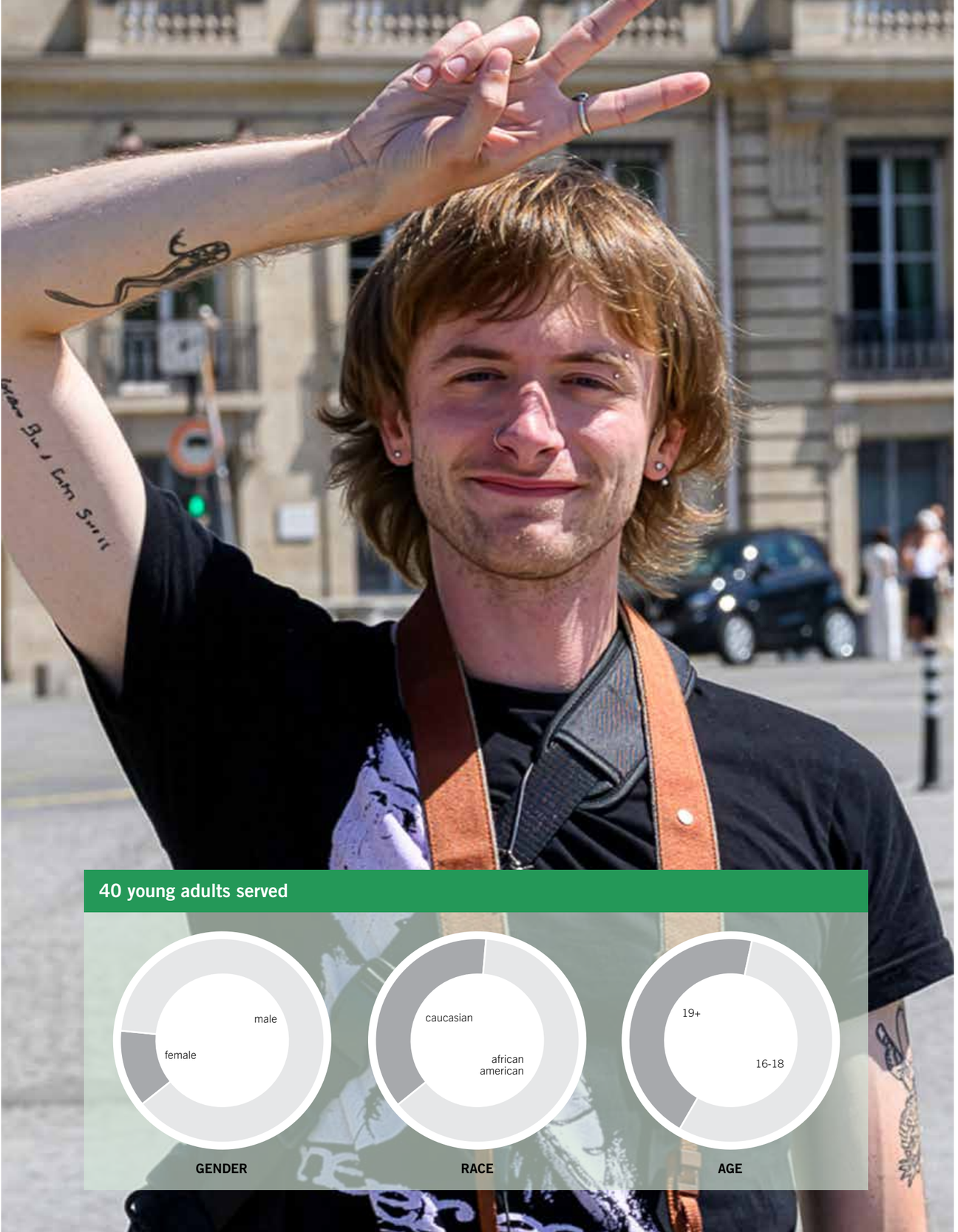
program support

- apartment rent, utilities, clothing, and grocery allowance
- furniture, dishes, coffee maker, bedding, towels
- school supplies and laptop computer
- rides to work and school

720	credit score achieved by one determined youth



Youth from 4 counties resided in independent living homes



40 young adults served

higher education; we make it happen

We invest in the higher education goals of everyone in our care, pairing students with mentors and financial assistance so they can achieve their dreams – whether that's a trade certificate and a fast track into the workforce, or an associate, bachelor's, or master's degree.

The Hackley Education & Learning Program supports students who lived in one of our foster care, multipurpose, or transitional living homes – and have since left our care. The program provides each student with a mentor and funds for educational and living expenses.

For youth still with us, community college is a launchpad to certificates, an associate degree, and transfer to a four-year school. Our partnership with the VOLT Center at Craven Community College is an innovation in workforce development training and mentoring. After a 72-hour core curriculum, students can earn certifications at no cost – in fields they want to enter.

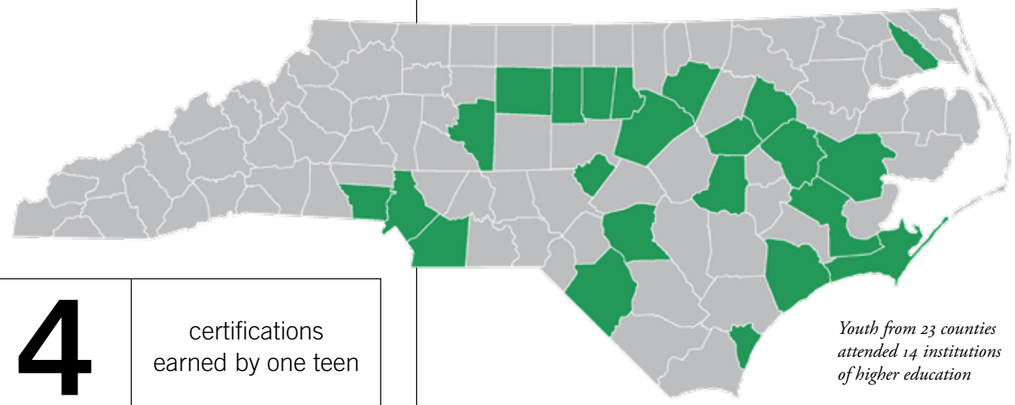
3-YEAR ANALYSIS	FY24	FY25	FY26
Hackley students	14	19	13
▸ degrees / certifications	1	1	2
transitional living students	30	25	23
▸ certifications	16	19	30
independent living students	n/a	3	4
▸ certifications	n/a	5	4

outcomes

- 40 students served
  - 1 Bachelor of Science – Western Carolina University
  - 1 Japanese language certificate
  - 34 professional certifications, including forklift operator, catering, small engine repair, and hospitality housekeeping

service overview

- 14 academic institutions
  - Arizona State University
  - Bladen Community College
  - Carteret Community College
  - Communica Institute, Japan
  - Craven Community College
  - NC Central University
  - Pearl River Community College, Mississippi
  - Richmond Community College
  - Tulsa Welding School, Texas
  - Universal Tech Institute, North Carolina
  - UNC-Wilmington
  - Wake Technical Community College
  - Wayne Community College
  - Western Carolina University



Youth from 23 counties attended 14 institutions of higher education

4 certifications earned by one teen



our focus: create opportunity and growth for staff

At MHC, we know that recruiting, training, and retaining high-quality employees is more than an HR goal – it's the foundation of great care. When we invest in staff, our commitment shows up directly in the lives of the children and families we serve, through the full and consistent delivery of our model of care.

This year we nearly quadrupled staff promotions and expanded our Excellence Awards to honor 10 top performers with a bonus and an extra vacation day. We also recognized two outstanding employees – a practitioner and a manager in our crisis & assessment centers – at the international conference of the Teaching Family Association (photo).

Our signature longevity benefit – the paid sabbatical – gave 21 employees extra time to recharge after 8-plus years of service. And our full-time benefits package offered 11 paid holidays, an employment-anniversary holiday, vacation and sick leave, parental leave, health insurance, and retirement options.

Looking ahead, we'll keep creating opportunities for employees to discover their strengths, sharpen their skills, build mentoring relationships, and grow into the best version of themselves.

3-YEAR ANALYSIS	FY24	FY25	FY26
employment positions	365	347	350
employees (avg.)	322	332	347
▸ new hires	220	162	146

64 hours of training for new hires before they start direct care work

outcomes

- 347 MHC agency employees (avg.)
  - 14% part time

Recruitment

- 1,225 applications submitted
  - 102 per month (avg.)
- 146 new hires
  - 12 per month (avg.)

Training

- CORE training (monthly) for all new employees
  - 144 participants
- 20 advanced workshops and in-service programs
  - 165 participants

Development

- 23 staff promotions
- 10 employee excellence awards
- 8 staff qualified as Mindset Crisis Intervention instructors
- 71 employees eligible for MHC Lighthouse certification
  - 82% earned certification
- 8 employees participated in Elevate Leadership Learning Cohort (6-month program)

Benefits

- 169 employees enrolled in health insurance benefits
- 21 employees took paid sabbatical leave
- 7 employees used the employee assistance program

program overview

- all new employees attend CORE training
  - full day of orientation to MHC mission, values, and policies
  - direct care staff attend 7 additional days of intense training and evaluation for our model of care
- workshops and in-service programs offered year round
  - Model Booster
  - Consultation Workshop
  - Evaluation Workshop
  - Supervision Workshop
- Lighthouse certification
  - required annual evaluation of all direct care staff and foster parents
  - recognized internationally through Teaching-Family Association



we share our knowledge and expertise

MHC was first accredited in 1986 by the Teaching-Family Association (TFA). As a TFA sponsor site, we train other agencies to implement the model of care and we offer three distinct areas of consultation: accreditation, guiding them through the process; independent observation and assessment, emphasizing best practices with the model of care; internal evaluation, working with and providing support for specific programs.

Agencies seek our help because of our strong reputation for program fidelity and the support we offer to all levels of programs for youth and families.

A typical contract runs between 12 months and 3 years, influenced by the size of the agency and the number of programs they provide. At the beginning of each contract, we work with leadership and program managers within an agency. But as our work nears completion, we focus on passing the baton to their agency trainers. This is why, during each year of a contract, the number of people we train will decrease while the number of supported youth and families will increase.

This service area is small – only one full-time consultant – but a contract with MHC carries whole agency support. If a client has questions or needs help from any department, MHC leadership and directors answer the call.

3-YEAR ANALYSIS	FY24	FY25	FY26
individuals trained	81	54	26

23 agencies developed and supported since 1998

outcomes
- 26 people trained
- 898 youth and families supported
- 5 clients
  - Boys and Girls Home of North Carolina (Lake Waccamaw, NC)
  - Hope Ranch of Missouri (Sullivan, MO)
  - Thornwell Charter School (Clinton, SC)
  - Chatham Youth Development Center (Siler City, NC)
  - Josiah White's (Wabash, IN)
- length of contract: 12 months - 3 years

program overview
- 1 full time staff member
- 16 weeks of travel
- areas of consultation
  - accreditation
  - internal evaluation processes
  - observation and assessment
  - training and evaluation support
  - Teaching Family Association
- consultation topics
  - Teaching Family Model program development and evaluation
  - comprehensive best practices
  - foster care
  - residential and group homes services
  - in-home services
  - early childhood development
  - adoption
  - juvenile delinquency
  - mock accreditation review
  - school systems
  - program facility management
  - administrative processes and practices
  - community based services
  - quality assurance and improvement
  - staff development
  - leadership development
  - organizational development

CONSOLIDATED STATEMENT OF FINANCIAL POSITION

June 30, 2026 (with comparative totals for 2025)

	2026	2025
ASSETS		
Cash and cash equivalents	$ 2,563,341	$ 1,738,588
Common investment fund	30,098,182	26,667,367
Accounts receivable	2,278,191	2,467,620
Pledges receivable	40,000	80,000
Prepaid expenses	373,743	222,190
Annuities contracts	1,014,595	1,376,702
Beneficial interests in trusts and perpetual trusts	983,260	967,763
Property, equipment, and right of use assets	5,264,088	4,257,530
Total assets	$ 42,615,400	$ 37,777,760
LIABILITIES AND NET ASSETS		
LIABILITIES		
Accounts payable	$ 683,158	$ 629,518
Line of credit	-	-
Accrued salaries and vacation	1,215,915	1,200,878
Deferred compensation	1,014,595	1,376,702
Lease liabilities	1,197,866	1,351,967
Total liabilities	4,111,534	4,559,065
NET ASSETS		
Without donor restrictions:		
Undesignated	5,331,878	3,201,958
Board designated	22,709,534	21,844,501
Total without donor restrictions	28,041,412	25,046,459
With donor restrictions:		
Purpose restricted	8,500,345	6,277,377
Perpetual in nature	1,962,109	1,894,859
Total with donor restrictions	10,462,454	8,172,236
Total net assets	38,503,866	33,218,695
Total liabilities and net assets	$ 42,615,400	$ 37,777,760

If you would like a complete audit report, please contact Pam Patrick, ppatrick@mhfc.org.

2026 REVENUES

TOTAL: **$33,113,048**



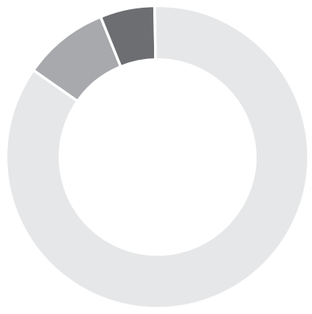
69% Fees for service
$22,813,460

21% Donations and grants
$6,979,594

10% Other income
$3,319,994

2026 EXPENSES

TOTAL: **$27,827,877**



85% program services
$23,482,680

9% general and administrative
$2,589,061

6% fundraising
$1,756,136

CONSOLIDATED STATEMENT OF ACTIVITIES

For the Year Ended June 30, 2026 (with comparative totals for 2025)

	2026			2025
	Without Donor Restrictions	With Donor Restrictions	Total	Total
SUPPORT AND REVENUE				
Fees for service	$ 22,813,460	$ -	**$ 22,813,460**	$ 22,098,432
Donations and grants	4,810,378	2,169,216	**6,979,594**	5,920,335
Investment income (loss)	2,974,352	571,081	**3,545,433**	2,801,314
Change in value of annuities and trusts	(362,107)	74,253	**(287,854)**	50,293
Other income	62,415	-	**62,415**	8,537
Total support and revenue	30,298,498	2,814,550	**33,113,048**	30,878,911
RECLASSIFICATIONS				
Net assets released from restrictions	524,332	(524,332)	-	-
Total reclassifications	524,332	(524,332)	-	-
EXPENSES				
Program service expenses				
Foster care and adoptions	1,776,874	-	**1,776,874**	1,808,528
Early childhood	5,276,305	-	**5,276,305**	5,087,110
Family preservation and in-home	1,091,496	-	**1,091,496**	1,654,865
Mental health	1,612,350	-	**1,612,350**	1,676,142
Assessment centers and juvenile homes	13,512,285	-	**13,512,285**	13,029,967
Scholarships	142,990	-	**142,990**	114,497
Consultation and program development	70,380	-	**70,380**	106,338
Total program service expenses	23,482,680	-	**23,482,680**	23,477,447
Supporting activities				
Fundraising	1,756,136	-	**1,756,136**	1,657,258
General and administrative	2,589,061	-	**2,589,061**	2,806,871
Total expenses	27,827,877	-	**27,827,877**	27,941,576
Change in net assets	2,994,953	2,290,218	**5,285,171**	2,937,335
Net assets at beginning of year	25,046,459	8,172,236	**33,218,695**	30,281,360
Net assets at end of year	$ 28,041,412	$ 10,462,454	**$ 38,503,866**	$ 33,218,695

Methodist Home for Children was founded as a campus-based orphanage in 1899. Our commitment to North Carolina families is as strong today as when we began, yet our services far exceed that original vision.

Our work continues thanks to benevolent support.

If you would like to make a gift that will lead us forward, please visit **mhfc.org/donate** or scan the QR code for a secure giving page.

Methodist Home *for* CHILDREN







every minute counts









2025-2026

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